



# Andrea Dixon, CNM

## BEST and NRP Instructor

### Family Way Educational Services

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In making **Birth Emergency Skills Training® for out of hospital care providers**, the 'Gold Standard' in midwife attended births, we strive for excellence, adaptability and affordability. Our standard BEST workshop is a hybrid model of learning---including 16 hours of online presentations and 8 full hours of fast paced, hands-on learning. Instructor facilitated scenarios allow midwives to practice critical emergency skills in a safe environment, using life-like models to develop the muscle memory necessary to access life-saving skills in the future.

**Cost per participant for BEST Hybrid workshop \$565 + \$35 online registration (paid online) Host collects the \$565**

We also have plans to bring back the two-day advanced training, **Birth in the Wild: Midwives Responding to Disasters** workshop, facilitated in the outdoor environment to provide Advance Birth Emergency Skills Training® (BEST), Basic Disaster Birth Support (BDBS) and Basic First Aid for Disasters. This fun workshop provides realistic, on-site simulations of birth emergencies in the field and helps midwives prepare for disasters on every level.

**\*Both workshops build on the award-winning book Birth Emergency Skills Training® by Bonnie U. Gruenberg\***

#### **Book your Workshop and Save the Date:**

**We require an initial \$200 deposit** to save the agreed upon date. When considering dates, please allow participants plenty of time to plan ahead, **avoiding National holidays and midwifery conferences** (although we are happy to offer BEST as backbone or part of a regional conference). On receipt, your workshop will appear on our calendar, website and social media pages to assist in advertising if desired. Should a situation occur where you must change your date, your \$200 deposit allows you to reschedule within a year and must be done before the 30-day prior mark.

#### **Deposits may be paid in the following**

- **Venmo:** @Andrea-Dixon-BEST (preferred) or **Paypal:** @miniwifeandrea (Andrea Dixon)
- **Zelle:** [miniwife@sbcglobal.net](mailto:miniwife@sbcglobal.net) or (317) 294-3972

**We require a \$300 travel deposit, due 30 days prior to the workshop.** This confirms you have an appropriate venue secured, detailed arrangements and are committed to paying for 14 minimum participants. We make travel payments at this time, thus **it is non-refundable.**

We are excited that you are considering our workshops and look forward to providing you the BEST course.

Contact Avril at [avrilwithbest@gmail.com](mailto:avrilwithbest@gmail.com) for more details. Please include your location in the subject line.

**Blessed births are BEST prepared!**

Andrea Dixon, CNM and Avril Bowens, CPM, RN (828) 342-8128 (EST)