

Birth Emergency Skills Training® workshops keep getting better! Now 24 CEU's



The years 2020-2023 were unusual for all and we hope to find you safe and healthy moving into 2024! COVID-19 restrictions nudged B.E.S.T. to shift our 2-day workshop format to an online/hands-on Hybrid model which people have been loving. It is now moving into its 2nd edition based on the valuable feedback of our participants, inclusive of 6 more continuing education units!

The updated Hybrid program combines 16 hours of online learning with an 8 hour hands-on skills practicum, accredited by both CA-BRN (for RN's and CNMs) and MEAC (CPMs) for 24 contact hours (2.4 CEU's). Birth Emergency Skills Training® is also Bridge Certificate Eligible.

Also offered (as add-ons) at a discounted price for B.E.S.T. Participants:

- **Neonatal Resuscitation Program (NRP) Certification** - a half-day add-on
- **Sew Savvy Suturing Skills Workshop** - 6 hr *hands-on suturing practice* add-on

Advantages to this new format are:

- Allows ample time to move through the online program in preparation for the skills practicum. Lectures may be repeated and paused as needed, protocols updated while actively learning, plus all the *printable pdfs*, not previously offered. The focus here provides the necessary foundation to fully prepare for and participate in the hands-on skills practicum, so you can get the most out of your day!
- The course is followed by 2 quizzes of 25 questions each --- *to solidify the information*. Learners must score 80% or higher to complete the online program and be eligible to receive the CEU's
- Allows full focus on hands-on skills with realistic, instructor facilitated skills stations while providing ample time to practice together, network, and share stories in small, safe groups.
- Allows for total focus to practice essential emergency skills, gain muscle memory and build confidence so you can integrate what you learn into practice.
- Allows for the effective training of more birth workers to recognize, respond to, and stabilize developing birth emergencies, contributing to safer out of hospital births and assisting to decrease maternal/neonatal morbidity and mortality.

Please review our **'Save the Date'** and **'Host Responsibilities'** information sheets attached, detailing how to host our incredible workshop in your own community. Once we save the date in our calendar, we will forward hosting details and information for those interested in attending.

We travel coast to coast and prefer to set up dates regionally, when we can. You may check out our [calendar online](#) (updated regularly) to see when we will be near you and contact us to save your date! We do not book the week of National holidays (too expensive to travel then), nor during other national midwifery conferences (none of us need the competition). You may request weekdays or weekends. Check our calendars for dates of other scheduled workshops and consider regionality :)

We look forward to talking with you further and sharing more details about the programs.

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