



Andrea Dixon, CNM

BEST and NRP Instructor

Family Way Educational Services

In making **Birth Emergency Skills Training® for out of hospital care providers**, the 'Gold Standard' in midwife attended births, we strive for excellence, adaptability and affordability by offering two distinct workshops. Our standard BEST workshop is a hybrid model of learning---including 8-10 hours of online presentations and 8 full hours of fast paced, hands-on learning. Instructor facilitated scenarios allow midwives to practice critical emergency skills in a safe environment, using life-like models to develop the muscle memory necessary to access life-saving skills in the future. Our previously offered 2-day workshop is currently suspended due to COVID-19.

Cost per participant for BEST Hybrid workshop \$500 + \$35 online registration (paid online) Hosts may add-on \$

We also offer a two-day, **Birth in the Wild: Midwives Responding to Disasters** workshop, facilitated in the outdoor environment to provide Advance Birth Emergency Skills Training® (BEST), Basic Disaster Birth Support (BDDBS) and Basic First Aid for Disasters. This fun workshop provides realistic, on-site simulations of birth emergencies in the field and helps midwives prepare for disasters on every level.

This workshop costs \$550 per participant and mandates completion of the online BEST prior.

Both workshops build on the award-winning book Birth Emergency Skills Training® by Bonnie U. Gruenberg

Book your Workshop and Save the Date:

We require an initial \$200 deposit to save the agreed upon date. When considering dates, please allow participants plenty of time to plan ahead, **avoiding National holidays and midwifery conferences** (although we are happy to offer BEST as backbone or part of a regional conference). On receipt, your workshop will appear on our calendar, website and social media pages to assist in advertising if desired. Should a situation occur where you must change your date, your \$200 deposit allows you to reschedule within a year and must be done before the 30-day prior mark.

Deposits may be paid in the following

- **Venmo:** @Andrea-Dixon-BEST
- **Zelle:** miniwife@sbcglobal.net or (317) 294-3972

We require a \$300 second travel deposit, 30 day prior to the workshop. This confirms you have an appropriate venue secured, detailed arrangements and are committed to paying for 14 minimum participants. We make travel payments at this time, thus **it is non-refundable.**

We are excited that you are considering our workshops and look forward to providing you the BEST course.

Contact Avril at avrilwithbest@gmail.com for more details. Please include your location in the subject line.

Blessed births are BEST prepared!

Andrea Dixon, CNM and Avril Bowens, CPM, RN (828)342-8128